

SeaQuest

# Executive Excellence through the Art of Seamanship

a year-long  
executive development  
program for women

## WHO should attend:

High producing executive-track women who want to make a difference

## WHAT you can expect:

An exceptional year-long executive development program for women based on a 5-day experiential intensive, sailing in traditional wooden vessels (no experience necessary) supported by 12 months of executive coaching.

## WHY you should attend:

A before and after **assessment** of your leadership effectiveness

Increased self, team and organizational **awareness**

An executive presence based on **authenticity**

Strengthened ability to create **alignment**

An executive development **action plan** with a **strategic focus** on how to leverage your strengths

A lifelong executive **network**

Women have the capacity to change the world.

Yet the full potential of female leadership has not been realized.  
*Let's change that.*

## WHEN:

3 pm, Sunday, September 16 to 1 pm, Friday, September 21, 2012 followed by 12 months of executive coaching

## WHERE:

Brooklin, Maine

## TUITION:

\$10,500

Meals and accommodations included

Payment plans available

A workshop powered by:

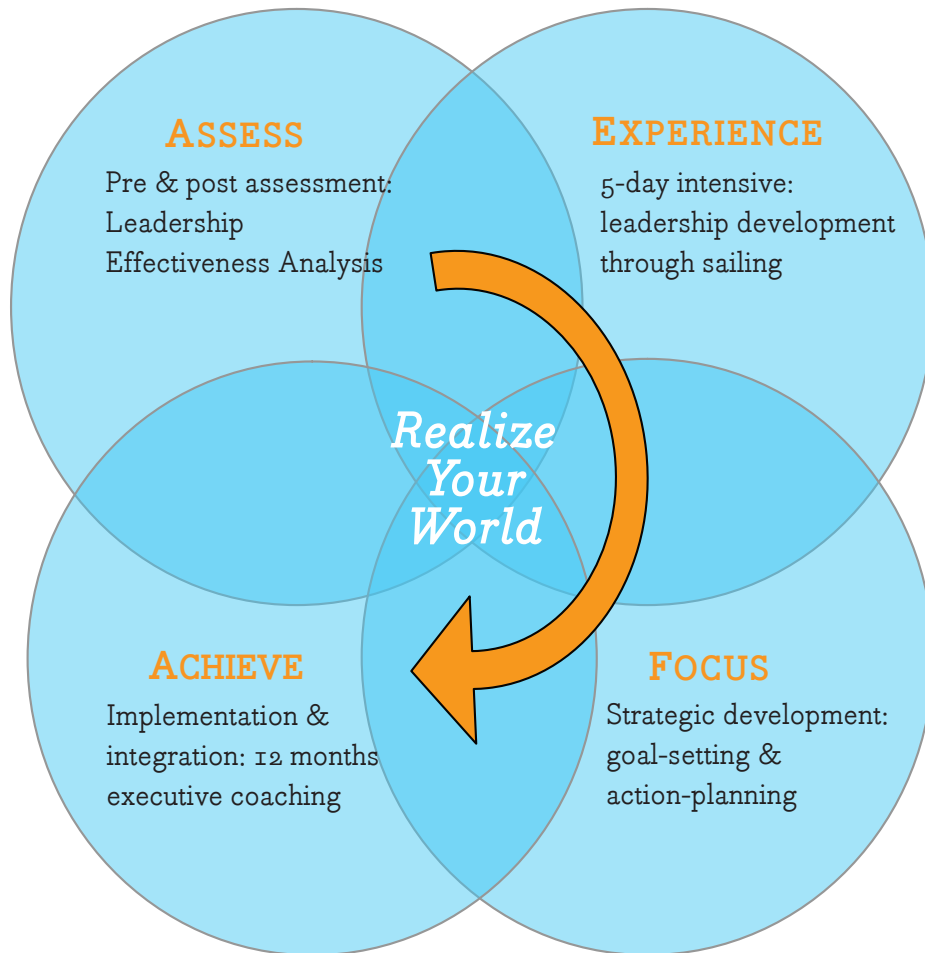


SeaChange Resources } Realize Your World.

To register:

Visit [www.seachange-resources.com](http://www.seachange-resources.com)  
or call: 207.266.0172

# HOW the Executive Development Process Works



## Why Seamanship?

The nature of the sea teaches us the essential leadership lessons of **awareness, authenticity and alignment.**

*“For a whale-ship was my Yale College and my Harvard.”*

-Ishmael, Moby Dick by Herman Melville

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